

A.J.M. Davies Arena Guidelines

COVID-19 droplet transmission is much more likely when individuals are in close contact. The likelihood of transmission between individuals participating in sport, physical activity and recreation in an indoor setting is significantly higher.

COVID-19 has been declared a worldwide pandemic by the World Health Organization. The Town of Indian Head has put these measures in place to reduce the spread and protect all users of the facility. All participants and spectators must be in compliance with the following guidelines.

General Guidelines:

- Before being permitted to the facility, each Sport Organization must establish a Return to Play plan outlining how they will minimize physical contact and reduce the risk of COVID-19 transmission between participants as outlined by the Provincial guidelines.
- Participants are to arrive no more than fifteen minutes before the scheduled activity to reduce people gathering in groups.
- Dressing rooms are open and are clearly marked with social distancing signage. We would encourage coming dressed but if it is not feasible participants will be allowed to dress and undress in the rooms. Showers are not available at this time.
- Washrooms in the main floor and mezzanine will be open for use.
- Patrons are encouraged to limit their time spent in the facility, as well as maintain physical distancing when returning to their vehicles or homes.
- Drinking fountains will be closed. Water bottles should be filled at home and clearly marked with the player's name. Under no circumstances will they be shared.
- Instruction is permitted with no contact and appropriate physical distancing. If physical distancing cannot be maintained or is unpredictable, a mask should be worn by the instructor.
- Parents and other spectators must not total more than the maximum gathering limits per the public health order per team at each game/activity, and must ensure physical distancing between non-household members.
- One spectator will be permitted per participant.
- Spectators must maintain distancing of at least two metres from other members of the public.
- Spectators (excluding parents and guardians where necessary for player support) should be kept out of participant spaces (e.g. fields of play, courts).

User Group and Game Play

- Once permitted entry, players, participants and personnel are to go directly to their assigned dressing room or bench until Arena Staff provide them the go ahead to go directly to the ice surface.
- Dressing rooms will be available 15 minutes prior to and 15 minutes following ice times.
- Tournaments are not permitted.
- No single group on the field, court, ice surface, etc. shall exceed the gathering limits in the public health order. Teams need to be separated while on the sidelines, and players cannot exceed gathering limits during games, practices or training.
- Two metres distancing should be maintained between all individuals, except members of the same household, when off the field of play (e.g. on benches, during intermission).
- Contact must be minimized whenever possible.
- If physical distancing cannot be maintained or is unpredictable, a mask should be worn by those not participating in the activity (i.e. coaches, volunteers, etc.).

Participant Health and Illness

- Patrons/staff who are sick or symptomatic must not enter/participate. Symptoms may include one or more of the following: fever, cough, headaches, aches & pains, sore throat, chills, runny nose, loss of sense of taste or smell and shortness of breath/difficulty breathing. Participants, spectators and volunteers should use the Government of Saskatchewan's [self-assessment tool for COVID-19](#) and follow the subsequent directions.
- Organizers must keep a record of attendees. All players, spectators, staff and volunteers should be provided with a sign-in on arrival option, with name, phone number and/or email to facilitate contact tracing, if necessary. Records of attendance must be retained for a minimum of one month. Where possible, do not use a common pen. Providing this information is voluntary for attendees and can only be used for the purposes of COVID-19 contact tracing.
- If a person becomes sick, they should immediately stop participating and return home.
- If a person becomes sick or injured, and first aid or further care is required:
 - Try to limit the number of individuals in contact with the sick person.
 - Place a mask over the individual's mouth and nose if they are not able to do so. Maintain a safe distance until the mask is in place.
- First aid providers caring for people should follow standard precautions. Those who provide direct care requiring close or direct contact should wear a mask.
- Following care, first aid providers should discard the mask and gloves following standard procedures and perform hand hygiene.

Spectators

- All spectators are to be screened upon entry by the assigned user group representative.
- Physical distancing must be observed at all times, with a minimum of two metres of space between individuals.
 - Players on the same team grouping may be within two metres during play/drills. Intentional contact should be minimized where possible.
- We are encouraging spectators to wear masks while in the common areas of the arena.
- Everyone who enters the building is required to use the hand sanitizer at the front entrance prior to entering the area.
- Areas of congregation (e.g. team benches, bleachers) must be set up and used in a way that adheres to physical distancing requirements. A measured breakdown of the Arena was carried out and it was determined that a maximum 30 spectators can be present on each half of the arena:
 - Home Bleachers: 12 spectators
 - Visitor Bleachers: 12 spectators
 - Mezzanine (Home side): 6 spectators
 - Mezzanine (Visitor side): 6 spectators
- Schedules will be staggered and the duration of the activity will be specified to promote physical distancing and allow for adequate cleaning and disinfection between uses.
- Wherever possible, promote physical distancing by:
 - Directional flow indicators and two metre distance markers have been installed to avoid individuals from inadvertently interacting. Please observe the markers on the floor and walls.
 - A distance of two-metres has been marked out in all seating areas.
 - Capacity limitations have been implemented and posted in each dressing room, seating area, in the mezzanine and on the ice surface. Please observe these capacity numbers for the safety of everyone.
- Common area chairs and tables have been removed from the mezzanine to promote distancing.

Conduct

- Spitting (includes seeds, tobacco and fluids) and other similar activities increase the risk of transmission of COVID-19 and are not permitted.
- Individuals must not share personal items (i.e. equipment or beverage containers).
- Congratulatory gestures such as high fives and handshakes are not permitted.
- Spectators, participants and players, staff, coaches and volunteers should try to minimize cheering and whistling as much as possible to control the spread of COVID-19.
- Intentional contact during sport or activity must be limited. Modifications to activities that limit physical contact are recommended.



The coaches and participants and spectators are required to follow the rules as outlined. They will be monitored by our arena staff to ensure that the process is being followed. If they are not being adhered to, participants will be excused from the facility. It will be the responsibility of the renter to forward the rules of the AJM Davies Arena to the parents/spectators and participants.