

# SWIMMING SCHEDULE

## WEEKDAYS (JUNE)

|                        |                                      |
|------------------------|--------------------------------------|
| 7:00 a.m. – 8:00 a.m.  | LANE SWIMMING (Tuesdays & Thursdays) |
| 9:00 a.m. – 12:00 p.m. | SCHOOL BOOKINGS                      |
| 12:00 p.m. – 1:00 p.m. | CLOSED                               |
| 1:00 p.m. – 3:30 p.m.  | SCHOOL BOOKINGS                      |
| 3:30 p.m. – 5:00 p.m.  | PUBLIC SWIMMING                      |
| 5:00 p.m. – 6:00 p.m.  | LANE SWIMMING                        |
| 6:00 p.m. – 7:00 p.m.  | FAMILY SWIMMING                      |
| 7:00 p.m. – 8:00 p.m.  | PUBLIC SWIMMING                      |

## WEEKDAYS (JULY & AUGUST)

|                        |                                      |
|------------------------|--------------------------------------|
| 6:00 a.m. – 8:00 a.m.  | LANE SWIMMING                        |
| 8:00 a.m. – 12:00 p.m. | SWIMMING LESSONS                     |
| 12:00 p.m. – 1:00 p.m. | ADULT/ AQUACIZE                      |
| 1:00 p.m. – 5:00 p.m.  | PUBLIC SWIMMING                      |
| 5:00 p.m. – 6:00 p.m.  | LANE SWIMMING                        |
| 6:00 p.m. – 7:00 p.m.  | ADULT/ FAMILY SWIMMING               |
| 7:00 p.m. – 8:00 p.m.  | PUBLIC SWIMMING                      |
| 8:00 p.m. – 9:00 p.m.  | AQUACIZE<br>(Mondays and Wednesdays) |

## WEEKENDS (JUNE – AUGUST)

|                       |                        |
|-----------------------|------------------------|
| 12:00 – 1:00 p.m.     | ADULT/ FAMILY SWIMMING |
| 1:00 p.m. – 3:30 p.m. | PUBLIC SWIMMING        |
| 3:30 p.m. – 5:00 p.m. | ADULT/ FAMILY SWIMMING |
| 5:00 p.m. – 6:00 p.m. | LANE SWIMMING          |
| 6:00 p.m. – 8:00 p.m. | PUBLIC SWIMMING        |

THE TOWN OF



SASKATCHEWAN

## 2019 POOL GUIDE

### INDIAN HEAD SWIMMING POOL

- ESTABLISHED 1981 -  
306-695-3627  
TOWN OF INDIAN HEAD  
BOX 460  
INDIAN HEAD, SK  
S0G 2K0  
[www.townofindianhead.com](http://www.townofindianhead.com)

## SWIMMING FEES

| SEASON PASS             | SINGLE PASS     | PASS BOOK (10)   |
|-------------------------|-----------------|------------------|
| FAMILY: \$200.00*       | ADULT: \$7.00   | ADULT: \$50.00   |
| ADULT: \$140.00         | STUDENT: \$5.00 | STUDENT: \$35.00 |
| STUDENT/CHILD: \$110.00 | CHILD: \$5.00   | CHILD: \$35.00   |

\*Family pass is one per immediate household



# SWIMMING LESSONS

**SESSION 1** ALL RED CROSS SWIM PROGRAMS  
July 1 – 5 & July 8– 12

**SESSION 2** ALL RED CROSS SWIM PROGRAMS  
July 15 – 19 & July 22 – 26

**SESSION 3** ALL RED CROSS SWIM PROGRAMS  
July 29 – August 2 & August 5 – 9

**SESSION 4** ALL RED CROSS SWIM PROGRAMS  
August 12 – 16 & August 19 – 23

**BRONZE STAR/ MEDALLION** **BRONZE CROSS**  
July 21<sup>st</sup>, 23<sup>rd</sup>, 25<sup>th</sup> & 28<sup>th</sup> August 20<sup>th</sup> – 23<sup>rd</sup> & 25<sup>th</sup>

\*Medallion Pre-Req: Must be 13 or have completed Bronze Star

\*Pre- Req: Must have completed Bronze Medallion

**\*Please note all swimming lessons are dependent on instructor availability**

## SYNCHRONIZED SWIMMING

**New this year!** This course is a 7 week program to teach the basics of synchronized swimming. Swimmers will work on strength, endurance, flexibility, and grace in preparation for a performance to showcase their skills on the final day of the program. This sport is for stronger swimmers who are comfortable in deep water and swim at a Swim Kids level 5 or above. Ages 8-12

# LESSON FEES

| LESSONS           | WITH PASS | WITHOUT PASS |
|-------------------|-----------|--------------|
| 30 Minute         | \$50.00   | \$60.00      |
| 45 Minute         | \$60.00   | \$70.00      |
| 60 Minute         | \$75.00   | \$85.00      |
| Bronze Star       | \$140.00  | \$150.00     |
| Bronze Medallion  | \$140.00  | \$150.00     |
| Bronze Cross      | \$140.00  | \$150.00     |
| Synchro (1 hr/wk) | \$80.00   | \$90.00      |

**\*Children 5 and under swim free & receive "with pass" rate for lessons**

# REGISTRATION

**Registration for lessons must be done at the pool during regular hours.**

- Lesson registration deadline for session 1: Friday June 21<sup>st</sup>
- Lesson registration deadline for session 2: Friday July 5<sup>th</sup>
- Lesson registration deadline for session 3: Friday July 19<sup>th</sup>
- Lesson registration deadline for session 4: Friday Aug 2<sup>nd</sup>

**Pool passes will be available at the pool upon open.**

# RULES AND REGULATIONS

- In-person registration only and offered on a first-come-first-served basis. Limited enrollment. Classes may be cancelled if registration numbers are too low.
- Registration will not be accepted unless accompanied by payment. No post dated cheques will be accepted.
- We reserve the right to cancel or merge classes if there is insufficient enrollment. We are not responsible for lost days due to weather or absenteeism. No refunds will be issued for these reasons. All other refunds are issued by the Town of Indian Head subject to notification from pool manager.
- Lesson times will be established concluding registration dates and made available prior to each session.
- Public swimming may be cancelled or changed to accommodate special pool events or additional lessons. Please watch for upcoming events.
- The Pool will be forced to close during inclement weather including torrential rain. The Pool may close for the day if lightning/ thunder persists. The Pool may also close due to staff availability. Check the Town of Indian Head's Facebook page for updates and closure notifications.
- At least one parent or caregiver is required to be in the water and within arm's reach of their swimmer attending Family Swim times.
- Children below 7 years of age must be accompanied in the water by a parent or a caregiver 12 years of age or older to Public Swimming times. The caregiver must be within arm's reach of the swimmer they are accompanying.